

YOGA IN THE PARK

Kai Yoga's owner and instructor Sonja Ostendorf will lead these yoga classes for all levels. Classes focus on the basic principles of yoga, combining movement and breath to bring peace to the body and mind. Please bring a yoga mat and water.

Dates: Wednesdays, August 23 – September 27

Time: 10:00 – 11:00 a.m.

Fee: \$65.00 (for 6-week session)

Ages: 18 years & older

Location: Community Park, 691 E. Dayton-Yellow Springs Rd., Shelter #2

Registration Deadline: Tuesday, August 22

Register at: Fairborn Parks & Recreation Office, 461 E. Dayton-Yellow Springs Rd.
City of Fairborn Government Center, 44 W. Hebble Ave.
By phone (937) 754-3090

Please make checks payable to: City of Fairborn



Yoga in the Park

Participant Name: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Phone: _____ **E-mail:** _____

Total Enclosed \$ _____

RELEASE

The participant, intending to be legally bound for themselves and their heirs, executors, and administrators, waive and release all claims for injuries and damages they may have against the City of Fairborn, the Parks & Recreation Division, all officials and employees of the division, and their successors and assigns for any and all injuries and damages suffered in connection with participation in recreation programs.

I further grant permission to the City of Fairborn to use my name, likeness, picture, and/or voice in printed or audio/visual materials to promote park activities in the City of Fairborn.

Participant Signature: _____ **Date:** _____

For more information please contact the Parks & Recreation Office at (937) 754-3090.